

# THINGS YOU SHOULD KNOW!

- What To Wear** Please wear shoes at all times (no exceptions).  
No immodest clothes. One-piece bathing suits only.
- Canoe Trip** Weather permitting, we will meet in front of the Retreat Center at 2:00 pm on Saturday & Sunday and take a canoe run down the Conococheague Creek. Cost is \$2.00 per person ~ pay at the time of the trip. You must sign up in the lobby ahead of time. Kids (12 and under) must be accompanied by an adult. Wear old shoes (sandals are ok – no slip-ons or flip flops or bare feet) and clothes ~ You WILL get wet!
- Zip Line** Riders must be at least 10 years old or in 4<sup>th</sup> grade. Sneakers and a shirt must be worn. Kids (10-12) must be accompanied by an adult.
- Big Swing** Sneakers and Shirt must be worn. Kids (12 and under) must be accompanied by an adult.
- Waterslide** Footwear is not permitted on the water slide except for water shoes. Swimwear must be worn. No normal outerwear will be permitted. Swimwear cannot have buttons, or decorative attachments that will puncture or tear the slide.
- Peanut Scramble** for kids 12 and under. Sunday 1:00. Near the flagpole in front of RC.
- Trail Rides** 1/2 hour trail ride around grounds will be offered Saturday & Sunday. Cost is \$5.00. Refer to the signup sheets for times. Meet and pay at the horse corral. You are required to have previous riding experience, wear jeans and boots and complete 2 release forms.
- Pony Rides** Offered Saturday & Sunday afternoon for children of all ages (at least 1 year old). You must wear shoes (no sandals). Pony rides are given at the lower corral, are free of charge and offered on a first-come, first-served basis.
- Retreat Center** The Retreat Center will be opened from 7:00 am to 11:00 pm. The Retreat Center will be closed during all Chapel services and after 11:00 pm. Please put equipment back where it goes. Thanks!

**Please, no bikes inside any buildings.**

**Thank you for requesting permission to have your dog on campus. Dogs must be leashed at all times.**

- Nurse** We have a registered nurse on grounds for the weekend. Pam Osbaugh and her family are staying at RV site #18. If you have a need you may come to the office for help or go directly to Pam.

## Office Hours

Friday 6:30 pm – 9:30 pm                      Saturday 8:00 am – 12:00 pm                      Monday 11:30 am – 1:00 pm

For office assistance at any time during the weekend

You may go to the main lobby and call the posted contact number.

You may also find a staff person in the dining area during meal times.

- Schedule** Please refer to your schedule for all activity times.  
Services will begin on time. We ask that you be prompt. Thank You.

- Quiet Hours** Please “love thy neighbor” by honoring the 11:00 pm to 7:00 am quiet hours. Keep music to a minimum volume level at all times. Remember, the game room in the Retreat Center closes at 11:00 pm. Thanks!

## Emergency

In case of emergency you may contact a staff person. Numbers available at time of registration.